# Minutes - Clinton County Board of Health Public Meeting held

# March 7th, 2024 - 7:30 a.m.

# Clinton County Satellite Office, large conference room and Via ZOOM

**Board Members** Dr. Mary Malcom

Present

Jean Morgan, RN, BSN, MSED

Present

Don Thiltgen

Present

Chelsea Sullens, DPT

Present

Jenna Lovaas

Present

**Staff Present** 

Shane McClintock, Director to the Board of Health

Kelli Eggers, Administrative Assistant to the Board of Health

**Others Present** 

Michele Cullen, Public Health/Genesis VNA

Nancy Burns, Emergency Management

Lauren Schwandt, Gateway Impact Coalition

Kristin Huisenga, CSAC Amber Smith, CSAC Carolyn Weets, CSAC

Ally Ellison, Clinton County Human Resources

Jim Irwin, Board of Supervisors

Christina Skiles, ASAC Mary Kay Wirth, ECI

Heather Montgomery, Women's Health & Family Services

Angie Eacker, CHC

**Malcom** called the meeting to order at 7:30 a.m. The meeting was held with the option of in person or via ZOOM due to social distancing. Roll call showed 3 members present at the start of the meeting and 2 later joined. 4 members were in the meeting room, and 1 was via ZOOM due to unforeseen circumstances. It was **moved** by **Lovaas**, seconded by **Thiltgen**, to **Approve** the January 11<sup>th</sup>, 2024 minutes as submitted. Motion carried 3-0.

## **AGENDA ITEM III - BOARD OF HEALTH**

## AGENDA ITEM IV - COMMITTEE REPORTS

- A. Finance No updates.
- B. Personnel Thiltgen noted the Sanitarian's yearly view has been completed and is available for viewing upon request. It was moved by Thiltgen, seconded by Lovaas, to APPROVE the review. Motion carried 3-0. Malcom stated that Human Resources wishes to move department heads to the same longevity time accrual as regular employees. In

2009, the Board of Health adopted their version of Department Head Benefit Policy. In 2015, the Board of Supervisors passed a revised policy (Resolution 2015-51) in which a department head may be grandfathered in to. Not grandfathering McClintock would result in a loss of longevity benefits he has received in the past. This decision needs to be made for both the current director and any future directors. It was moved by Lovaas, seconded by Thiltgen, to APPROVE grandfathering McClintock into the revised 2015 version of the Department Head Benefit Policy via Resolution 2015-51. Motion carried 3-0. Malcom discussed that we also need to make a policy moving forward with any future department heads. It was moved by Thiltgen, seconded by Lovaas, to APPROVE any future directors being placed on the same revised 2015 version of the Department Head Benefit Policy. Discussion ensued and Lovaas withdrew her second. She expressed concern that if we follow the county handbook, we should also follow the handbook regarding time off and benefits for employees. Lovaas stated that none of the other departments have adopted a policy where a future department head would fall under this resolution, but that they would be placed under the handbook. McClintock stated that was correct. Ellison noted she was available for questions and that any new hires would not have the expectation of being in that same grandfathered package. The grandfathering for those employees on the resolution happened about a month before McClintock was hired. Had McClintock been an employee under the Board of Supervisors he would not be eligible to be grandfathered in. Morgan joined the meeting and was caught up to speed with the decision at hand. Lovaas motioned to place any future department heads under the current Clinton County Employee Handbook regarding time off and benefits, Thiltgen seconded. Motion carried 4-0.

**C.** Total Quality Management – No updates.

#### AGENDA ITEM V – DEPARTMENT REPORTS

- A. Environmental Services- McClintock informed the board that the department has received more Grants to Counties money. Dr. Blount from the University of Iowa has contacted him as well as the Iowa State Extension Office to do some more PFAS testing around the Camanche area. They wish to study not only PFAS in the water but how it is affecting the human body.
- B. Genesis VNA & Hospice— Cullen requested approval of grant applications and contracts for Public Health to include Immunization, Breast and Cervical Cancer, and Emergency Preparedness grants. It was moved by Lovaas, seconded by Morgan, to Approve said applications. Motion carried 5-0. Eggers noted that the Fiscal Year 2023 audit report came back with no reported findings. Cullen noted that they continue to work on the Health Improvement Plan. Let's Live Healthy meets next Monday. They have had many walks, runs, and getting ready for Farmer's Market as well. A Storybook Walk is also in the works with an Eagle Scout and United Way. More on community garden donations to come. Substance Abuse is part of the HIP Plan as well. There is a Brain Health event at the Eco Center at Rock Creek on May 2<sup>nd</sup>. They continue to work with the Homeless Coalition as well. New guidelines regarding Covid have recently come out from the CDC.

Those over 65 years of age should have a booster in the spring or about 4 months apart. If they are immunocompromised, they can be 2 months apart. Quarantine requirements are now being fever free for 24 hours or when symptoms resolve.

- C. Maternal Child and Adolescent Health (MCAH)- Not in attendance.
- **D.** Hillcrest Family Services/WIC- Kaczinski was unable to attend.
- E. Early Childhood Iowa/DECAT Wirth was in attendance with nothing new to report.
- F. Clinton Substance Abuse Council (GIC & CDC)- Huisenga stated that the Gateway Impact Coalition is working to have the HIPS trailer at the parent teacher conferences. It will be at Clinton and Camanche. One thing that's of particular interest right now is something called mushy vapes that's being sold right here in our community. This is labeled as a proprietary blend of mushroom extract, and it says right on the bottom that it is not for human consumption. This is being found with middle schoolers, so they are trying to figure out exactly where they're obtaining this. There will be a medication and vape takeback day on April 27th at the Law Center and they will also be collecting at the KROS Plus 50 Fair on April 23rd from 8 until noon. The Gateway Impact Coalition submitted the year 4 application for the CARE Grant, which is the Comprehensive Addiction and Recovery Act. Clinton CRUSH along with ASAC and the Clinton Housing Authority are secondary distributors of Narcan. They have distributed 80 to 100 doses since December, Last quarter there were 25 overdoses noted with 3 of them being fatal. Thiltgen inquired if those 100 doses were for those being replenished or if they were new. Huisenga stated they are mostly for new requests. Schwandt reminded the board that they are in year 10 for funding. They recently took kids out to the Capitol. The children reported that they really felt like their voices made a difference. Schwandt introduced Amber Smith as the new grant coordinator for the PFS-PAM Grant. This grant looks at adults over 45 and alcohol misuse. They are working with local law enforcement with saturation patrol dates and also doing some training in local businesses. They are pushing a media campaign entitled Drink Less, Be Your Best. Weets is working on the grant regarding prescription drug misuse for ages 12-25. They have a media campaign in the works with hopes of making 40,000 impressions. They have a Facebook ad, have toolkits for events, and are speaking with local prescribers regarding best practices.
- G. Women's Health and Family Services— Montgomery stated that Cheek continues to teach Pregnancy Prevention in most of the schools. Rapid HIV testing continues to be busy with 30 given in the last month, but no positives. Syphilis positivity rate is 4.6 or higher. The state is now recommending that all patients ages 15-44 be tested because rates are increasing so drastically. 23 tests were performed in January with 1 positive. December also had one positive for a pregnant mother. Many with syphilis can be asymptomatic for a long time so it is very important to be tested.
- H. Area Substance Abuse Council (ASAC)/New Directions- Bousman was unable to attend for Substance Use Disorder Treatment. Skiles noted that a few of their staff have been

able to go in and help educate groups for intensive outpatient and extensive outpatient. She mentioned again that they are also secondary distributors of Narcan and the first dose they gave out did indeed reverse an overdose. A Narcan informational webinar was held in February in which community anti-drug coalitions participated with Walmart, Osterhaus Pharmacy and Senator Grassley. Walmart Pharmacy will soon have a virtual reality training with goggles for Narcan distribution. Regarding the Problem Gambling side, they continue to have a table at the Wild Rose Casino and work closely with a DCI agent. They have many resources available there and anyone is welcome to bring their information as well. **Malcom** said she would think WIC information would be helpful as only half of those who are eligible are on it. **Skiles** reiterated the Eco Center event on May 2<sup>nd</sup> from 5 to 8 pm.

- I. Bridgeview Community Mental Health Center— Robinson was unable to attend but updated Eggers that their January and February numbers included 102 therapy referrals and 75 psychiatric referrals.
- J. Emergency Management- Malcom stated that the Narcan funding is coming from grants and not necessarily from county money, however, every time someone dies from a suspected overdose, it costs the county \$3000-\$5000 in autopsy expenses. Narcan training is very cost effective and does save society money in the long run. Burns said that as of last week, they have completed their two Emergency Preparedness exercises. One is FEMA graded. The report is not in yet, but positive feedback has been received already. They continue to work with the Sheriff's office staff on school active shooter trainings. They will soon work on the reunification piece of that plan which is regarding once the incident is over, how to reunite parents and children. The January snowstorm enabled our area to qualify for FEMA public assistance. They have submitted paperwork for that and helped communities to submit paperwork as well. It does not appear that we will battle any spring Mississippi River flooding, however possible flooding is expected with the Wapsi River which is typical. The burn ban for the county continues. This is not something EMA decides, however is decided by taking a vote amongst the local fire chiefs. The State Fire Marshall's Office is also closed over the weekend, so they plan to meet Monday regarding the current burn ban. Burns also noted how confusing it can be for the public to lift a ban and reinstate it soon after, so they are waiting for precipitation as well.
- K. Community Health Care, Inc- Eacker said they are looking at recruiting another medical provider due to patient base. They are also losing one in August that will be relocating with her spouse. It is Colorectal Awareness Month, so they are encouraging those over 45 to seek screening.
- L. MercyOne MAT Clinic- Not in attendance.

#### AGENDA ITEM VI – BOARD OF SUPERVISORS

Irwin stated they are finalizing the budget process. There is a meeting tonight for Planning and Zoning regarding a tower to be erected west of Charlotte on private property that would track

wind speed. It is tonight at 6 pm in DeWitt. The Board of Supervisors, DeWitt Chamber and Development Committee, and Grow Clinton recently met with elected officials and leadership at the Capitol in Des Moines and had good conversation.

## AGENDA ITEM VII – PUBLIC COMMENT

None.

#### AGENDA ITEM VIII – OLD BUSINESS

None.

#### **AGENDA ITEM IX - New Business**

None.

# AGENDA ITEM X - NEXT MEETING DATE

May 2nd, 2024 and July 11th, 2024 at 7:30 am at the Clinton County Satellite Building, large conference room. Meeting also available via Zoom.

# AGENDA ITEM XI – ADJOURNMENT

Motion by Thiltgen, seconded by Morgan, to adjourn. Motion carried unanimously. Meeting was adjourned at 8:19 a.m.

Respectfully Submitted,

Kelli Eggers, Administrative Assistant to

the Board of Health

Approved Fon DR. Malcom Don Thitiger

Dr. Malcom, Chairperson, Board of Health

Attachments can be viewed by contacting the Board of Health at the Clinton County Satellite offices.